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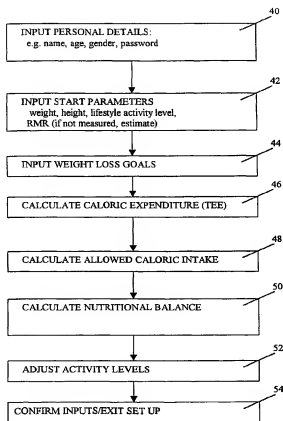
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- (71) Applicant: **HEALTHETECH, INC.**, [US/US]; Suite 120, 433 Park Point Drive, Golden, CO 80401 (US).
- (72) Inventor: **MAULT, James, R.**, 1580 Blakomb Court, Evergreen, CO 80439 (US).
- (74) Agents: **WATHEN, Douglas, L.** et al.; Gifford, Krass, Groh, Sprinkle, Anderson & Citkowski, PC, 280 N. Old Woodward Ave., Suite 400, Birmingham, MI 48009 (US).
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(54) Title: HEALTH MANAGEMENT SYSTEM WITH CONNECTION TO REMOTE COMPUTER SYSTEM



(57) Abstract: An improved health management system and method are described. A user is provided with a portable microprocessor-based device, which has an application program adapted to receive user input data (40-54) related to caloric intake and caloric expenditure. An application program on a remote computer receives the data and analyzes the data to provide feedback and advise the user.

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